

PREPARING FOR SURGERY – MEDICATIONS TO AVOID

All medications that you are currently taking should be **discussed with your surgeon prior to your operation.**

Medications containing **Aspirin, Non-Steroidal Anti-Inflammatory Drugs” (NSAIDs) and Novel Oral Anticoagulants (NOACs) MUST BE CEASED** as they affect the ability of your blood to clot and could cause post-operative bleeding and complications.

Please check the list below carefully, avoiding medications containing Aspirin for **TEN** days prior to surgery and NSAIDs for **ONE** week prior to surgery.

If you have any questions regarding your medication, please contact your general practitioner.

NB: For generalised pain relief, Panadol/Panadeine is safe to use.

CONTAINING ASPIRIN

Action: Cold and Flu Effervescent
Alka Seltzer
Actiprofen
Aspro and Aspro Clear
Bayer Aspirin
Bex
Cartia, Cardiprin, Astrix
Codis, Codex, Codiphen
Codral Forte
DBL Aspirin
Disprin, Disprin Forte
Herron Aspirin
Home Brand Aspirin Clear
Morphalgin
Solprin
Spren
Veganin
Vincent's Powders

ANTI-PLATELETS

Assantin
Astrix
Clopidogrel = Plavix = Iscover
Fragmin
Persantin
Ticlid
Ticlopidine = Tilodene
Tirofiban = Aggrastat = Arixtra
Ponstan

ANTI-COAGULANTS

Clexane
Coumadin
Orgaran = Donaparoid
Warfarin

NSAIDs

Aclin
ACT-3
Aleve
Anaprox
Arthrexin
Arthrotec 50
Aspalgin
Brufen
Bugesic
Butazone
Candyl, Candyl-2
Celebrex
Clinoril
Crysanai
Diciohexal
Dinas
Dolobid
Feldene
Piroxicam
Hexal Diciac Anti-Inflammatory
Indocid
Inza
Mefic
Mobic / Mobilis-D
Naprogesic
Naprosyn
Nurofen
Orudis, Orudis SR
Oruvail

Pirohexal-D
Proxen SR
Rafen
Rosig & Rosig-D
Saldac
Surgam
Tilcotil
Toradol
Voltaren

NOAC (Novel Oral Anti-Coagulant)

Apixaban (Eliquis)
Dabigatran (Pradaxa)
Rivaroxaban (Xarelto)

SUPPLEMENTS

Fish Oils + Flaxseed
Garlic
Gingko
Echinacea
Feverfew
Ginger
Vitamin E
Ginseng
St John's Wort
All Chinese herbal teas and herbal medicines

**IMPORTANT –
IT IS ESSENTIAL YOU
BRING YOUR CT
SCANS TO THE
HOSPITAL**